



Orange County
Rape Crisis Center
Support. Education. Advocacy.

Recognizing Warning Signs of CSA:

[Warning Signs of Abuse in Children](#)

[What is Age Appropriate?](#)

[Warning Signs of Abuse Among People with Disabilities](#)

[Understanding Trauma Responses in Children with IDD's](#)

[Warning Signs a Child May be the Target of Online Sexual Abuse](#)

[Behaviors to Watch Out for When Adults are with Children](#)

[Signs of Child Grooming: What to Watch For](#)

[Who Sexually Abuses Children?](#)

[Preventing Sexual Abuse Between Children](#)

[Signs That a Child or Teen May Be At-Risk to Harm Another Child](#)

Trusted Websites and Resources for Adults:

Safe Touch Information and Conversation Guides (scroll to bottom of page): <https://ocrcc.org/safetouch/>

Darkness to Light Discussion Tips for Families:
<https://www.d2l.org/resources-for-adults-families/>

Stop It Now! Advice Column:
<https://www.stopitnow.org/help-guidance/advice-column>

Stop It Now! Tip Sheets and Facts:
<https://www.stopitnow.org/topic/facts-stats?page=3>

Common Sense Media Guide on all Apps, Websites, Movies, TV, Video Games:
<https://www.common sense media.org/>

Sex Positive Families Resource Guide by Topic:
<https://sexpositivefamilies.com/resources/>

Praesidium Abuse Prevention Blog:
<https://www.praesidiuminc.com/insights/blog/>

National Child Traumatic Stress Network:
<https://www.nctsn.org/>

National Center on the Sexual Behavior of Youth:
<https://www.ncsby.org/children#defining-problematic>



The Grooming Process and Harm Between Children:

[Grooming and How to Stop it](#)

[Behaviors to Watch Out for When Adults are with Children](#)

[Signs of Child Grooming: What to Watch For](#)

[Who Sexually Abuses Children?](#)

[Preventing Sexual Abuse Between Children](#)

[Signs That a Child or Teen May Be At-Risk to Harm Another Child](#)

[Coping with Sexual Behavior Problems in Children](#)

[Safety and Help for Children and Teens Who Have Engaged in Harmful Behaviors](#)

Actions You Can Take to Prevent CSA:

[Prepare What to Say if a Child Discloses Abuse](#)

[Safety Planning within Faith-Based Communities](#)

[Safety Planning in Athletics](#)

[How to Vet a Child Serving Org](#)

[How to Vet Caregivers](#)

[Checklist for Safer Sleepovers](#)

[Everyday Actions That Keep Kids Safe](#)

[What should I do if I suspect a child has sexually harmed another child?](#)

[How to talk to parents about their child's behaviors](#)

[Speaking Up to Prevent CSA](#)

[Keeping Kids Safe Online](#)

[Family Safety Planning for Parents of Children with Disabilities](#)

[Overcoming Practical Concerns that Keep Us from Speaking Up](#)

[9 Questions to Ask Youth Serving Orgs and the Answers You Should Hear](#)

[Learn about Sexual Development and Behavior in Children](#)



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Adult Survivors of CSA:

[Intimacy as an Adult Survivor](#)

[Healing from CSA in an Unsupportive Family](#)

[My Memories are Unclear](#)

[Grieving and Healing](#)

[Should I Tell My Partner?](#)

[Common Questions for Survivors](#)

[Trauma Recovery Video Series](#)

[Healing After Child Sexual Abuse: A Guide for Survivors](#)

[Help and Healing for Adult Survivors of Child Sexual Abuse](#)

[Organizations that Support Adult Survivors of CSA](#)

[Tips for Child Sexual Abuse Survivors Who are Parents](#)

[The Meaning of Justice to Survivors](#)

[Finding a Culturally Competent Therapist](#)

Tips for Talking:

[Responding to Red Flags and Open-Ended Questions](#)

[Talking to Youth When Scary Things Happen](#)

[Talking to Children and Teens About Sexual Violence](#)

[Talking to Children with Disabilities About Sexual Violence](#)

[Talking to Children about Sexual Violence in the News](#)

[Ultimate Guide to Your Child's Digital World](#)

[Digital Safety Talking Tips](#)

[Talking to Ages 3-5](#)

[Talking to Ages 6-8](#)

[Talking to Pre-Teens and Teens](#)

[OCRCC Pre-K - 1st Grade Conversation Guide](#)

[OCRCC 2nd-3rd Grade Conversation Guide](#)

[OCRCC 4th Grade Conversation Guide](#)

[OCRCC 5th Grade Conversation Guide](#)



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Supporting Survivors:

[What Should I Do After a Child Tells?](#)

[Understanding Child Traumatic Stress](#)

[Coping with the Emotional Stress of the Legal System](#)

[Coping with the Shock of Intrafamilial Sexual Abuse](#)

[Taking Care of Yourself](#)

[Creating Supportive Environments When Scary Things Happen](#)

[Questions and Answers about Child Sexual Abuse Treatment](#)

[Suggestions for Surviving the Crisis](#)

[Trauma-Informed Care for Children with IDDS](#)

[Thoughts and Feelings in the Post-Disclosure Process](#)

[Siblings: Secondary Survivors](#)

[How To Stay Strong & Support Your Child: A Parent's Guide to Self-Care](#)

[Can a Child Recover from the Effects of Sexual Abuse?](#)

[Possible Reactions of Non-Offending Parents and Caring Adults](#)

[Helping Children Cope After Sexual Abuse](#)

[Responding to Sibling Sexual Behavior and Abuse](#)

[How Can I Better Understand What My Child is Going Through?](#)

[Why Therapy is So Important for a Child Who Has Been Abused](#)

[Re-Establishing Safety in Your Family](#)

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