
ABOUT US

The Center has been serving survivors of sexual violence and their loved ones with innovative, trauma-informed services for over 45 years. Our mission is to stop sexual violence and its impact through support, education, and advocacy. We take all forms of sexual violence seriously, from rape and sexual assault to stalking and harassment.

You can help us achieve our mission by becoming a volunteer or making a donation.

24-HOUR HELPLINES

The Center provides 3 different 24-Hour Helpline options, so you are able to choose what you're most comfortable with. Our helplines are available to support all primary and secondary survivors; whether it's to answer questions, share information about our services, or just to talk. *All helplines are free, confidential, and available in Spanish.*

Phone:

919-967-7273

Text:

919-967-7273

Online Chat:

www.ocrcc.org



Office
(919) 968-4647



info@ocrcc.org



www.ocrcc.org


Orange County Rape Crisis Center is dedicated to meeting the needs of all members of our community regardless of race, ethnicity, socioeconomic class, gender identity and expression, sexual orientation, religion, disability, age, language, national origin, and immigration status.



Orange County
Rape Crisis Center
Support. Education. Advocacy.

Our Vision:

A world free from sexual violence
and all other forms of oppression





ADVOCACY

We are here to help support you through your individual healing journey. We can guide you through the resources that are available to you, accompany you to appointments, and help reduce barriers to services. These services are free and confidential.

HOW WE CAN HELP

- Accompaniment to
 - Sexual Assault Forensic Exams
 - Hospital visits and doctor's appointments
 - Court dates and meetings with lawyers
- Help filing police reports or 50C protective orders
- Safety planning
- Assistance finding housing or transportation to appointments
- And more

Our services, including our 24-Hour Helplines, support groups, therapy, and community education programs, are available in Spanish.

THERAPY + SUPPORT GROUPS

We offer short-term, trauma-focused therapy in English and Spanish. We also provide individualized advocacy, connecting you with a therapist who meets your needs.

Our support groups are led by trained facilitators and meet weekly for 8-10 sessions. They focus on building positive coping skills through discussion and educational group activities.

Therapy and support groups are free and confidential.



EDUCATION + OUTREACH

We offer educational programs in elementary, middle, and high schools as well as professional trainings and community presentations to spread awareness and empower our community through education.

For Youth + Teens:

- Safe Touch (PreK - 5th Grade)
- Start Strong (7th - 9th Grade)
- Internet Safety + Cyberbullying
- Preventing Sexual Bullying
- And many more!

For Caregivers + Professionals:

- Keeping Kids Safe
- Stewards of Children
- Bystander Intervention
- How to Talk to You Child About Sexual Violence
- And many more!

We offer our educational programs in both English and Spanish, including a curriculum for students with intellectual and developmental disabilities. We offer programs at an hourly rate, with additional access through a sliding scale. Please do not let cost be a barrier to bringing this content to your group. Contact us for more information.

Help, Hope + Healing