

# SafeTouch is a Best Practice

---

The SafeTouch program meets national standards for best practice in child sexual abuse prevention programs, as well as state and local guidelines for school-based instruction. The SafeTouch program meets or exceeds the following recommendations from the National Center of Missing and Exploited Children:

<b>Effective concepts and best practices in bullying and abuse prevention programs:</b>	<b>SafeTouch Program</b>
Grounded in theory and prevention research/ localizes curriculum	✓
Includes multiple lessons over a period of years with multiple reviews	✓
Fosters parent, teacher and community involvement	✓
Includes comprehensive safety topics, starting with basic safety skills for young children	✓
Includes proper training for presenters and teachers, parents and community	✓
Includes age and developmentally appropriate material	✓
Is interactive and includes demonstration or behavior rehearsal opportunities	✓
Includes comprehensive evaluation	✓
Fosters communication between parent and child	✓
Teaches children the importance of safe adults and their responsibility for child safety	✓
Fosters responsibility in children for independence and safety, promotes self-esteem	✓
Fosters the right in children to control their own bodies and protect themselves	✓
Teaches the proper reporting requirements of bullying and abuse/neglect	✓
Teaches children self-protective skills and strategies, such as saying “no”	✓
Teaches children appropriate /inappropriate touch of private body parts	✓
Teaches children about who may be potential offenders (children, adults, anyone)	✓
Teaches children and adults disclosure and reporting methods and options	✓
Teaches children abuse is never their fault	✓
Promotes social-emotional learning, bullying prevention strategies, and upstander skills	✓
Includes a separate component for special needs children	✓
Teaches universal strategies to prevent multiple types of victimization (polyvictimization)	✓

*Source: Guidelines for programs to reduce child victimization: a resource guide for communities when choosing a program to teach personal safety to children. National Center for Missing and Exploited Children*