

WHAT WE'RE DOING...

Client Services

Through our 24-Hour Help Line, our trained Companions provide support, accompany clients to medical or legal appointments, and give referrals. We served 584 clients during the 2011-2012 fiscal year. This represents a 55% increase in the number of clients served over the past two years.

Participating in a support group has helped me to let go of so much hurt and anger.

The Center brought me so much comfort, confidence, and hope.

- Christie

Latino Outreach

In addition to providing our services to Spanish speakers, we have many bilingual projects serving the Latino/a community.

We have strong relationships with local agencies like El Centro Hispano. We hold open hours in their office, provide support and referrals to their staff, and present programs to kids and parents. We also work with the Mexican Consulate, sharing resources and delivering educational programs.

In the 2011-2012 fiscal year, we served 135 Spanish-speaking clients, a 400% increase over the past two years.

Support Group Program

Our groups offer a safe space for survivors to talk to people with similar experiences, allowing the opportunity to support and encourage each other.

Our English-speaking groups covered the following topics: survivors of rape and assault, adult survivors of child abuse, Sole Survivors running group, Movement & Healing, Mind-Body Skills, and Healthy Sexuality & Intimacy.

We also held groups in Spanish for survivors of sexual violence, loved ones of survivors, and a Healing Hearts craft workshop.

Clients noted that our groups helped them feel less alone, improved their physical and emotional well-being, and improved their outlook on the future.



A shirt from our Clothesline Project hangs on display during the Shout Out!

Shout Out! Against Sexual Violence

We held our 10th Annual Shout Out during Sexual Assault Awareness Month. This event gives survivors and allies the opportunity to break the silence and let their voices be heard. Participants share their experiences with sexual violence through testimonials, stories, poetry, songs, and more.

This year marked two new developments for our Shout Out: Spanish-language translations of testimonials and the addition of a visual art exhibition.

Education & Outreach

The Center works to prevent sexual violence through education and advocacy. We educated 10,879 youth & adults in 742 programs during the 2011-2012 fiscal year.

Thank you for being a valuable resource in our schools and community. Education is such a powerful tool in the success and safety of our students.

*- Jeff Rachlin,
Principal of
New Hope
Elementary*

Stewards of Children® Professional Trainings: 13 programs; 218 adults

As a member of the Darkness to Light community coalition, we offer trainings to parents and professionals in both English and Spanish.

Designed for caregivers of young children, these programs rely on evidence-based methodology to teach practical tips for preventing, recognizing, and responding to child sexual abuse.

The daycare providers, teachers, church leaders, and other participants appreciate the interactive curriculum of this highly rated program.

Standing Side By Side Parent Program: 15 programs; 303 parents

Our workshops prepare parents for important conversations with their teens and tweens by increasing their knowledge of topics relating to relationship violence as well as improving communication skills.

Topics include healthy dating, talking about sex, talking about consent, gender roles, gender identity, and responding to homophobia.

Through positive communication, parents can help kids make good choices, thus preventing both perpetration of and victimization by sexual violence.

Start Strong: 170 programs; 940 middle & high schoolers

Start Strong is a collaboration with the Compass Center. Our four-day 7th grade program includes topics on sexual harassment, media literacy, and bystander empowerment.

We also launched a 9th grade pilot program, offering two days on consent and communication. Through Start Strong, students learn skills for reducing the perpetration of sexual harassment and violence as well as actively and safely intervening in situations of violence.



Students give a thumbs up to Safe Touches.

Safe Touch: 433 programs; 8,581 elementary schoolers

Our Safe Touch program teaches kids to “Say No, Get Away, and Tell Someone.” Other topics include the difference between good and bad touches, when not to keep a secret, and identifying trusted adults.

With the help of a diverse committee of community stakeholders and extensive teacher input, we revised our Safe Touch curriculum over the summer. The revision process added new, more engaging activities. Additionally, our fourth grade program is entirely new, now focusing on cyberbullying and internet citizenship.

All our programs encourage students to talk with their parents about what they learned.

Working and training with the Center has been such a personally enriching and rewarding experience.

After presenting a program, I get to go home knowing that I have given children the knowledge to protect themselves and made it more comfortable for them to seek help.

- Cindy, Community Educator



Volunteers welcome guests to our 24th Annual Holiday Auction.

Thanks to our donors!

We give our heartfelt thanks to all our donors and supporters for ensuring that we are able to continue providing free programs and services to our community.

We rely heavily on support from our community. As public funding continues to shrink, we need more help than ever from private supporters. We are so appreciative of the support community members have shown us for nearly 40 years.

We receive federal, state, and local governments grants; United Way gifts and grants; donations through events and fundraisers; private grants and foundation gifts; and contributions from individual donors. Thank you for your generosity!

Our Tireless Volunteers

Now that you've seen the numbers, take a moment to give thanks for the dedicated volunteers who made them possible. We simply could not provide our quality programs and services so broadly with our staff alone. We're grateful to have a large corps of volunteers who selflessly give their time and talent to help end sexual violence.

Companions support clients through our 24-Hour Help Line, Community Educators present our safety programs to youth in Orange County, Support Group Facilitators lead sessions for survivors and their loved ones, Office Volunteers provide administrative support, and Spanish-Speaking Advocates provide services and programs to Orange County's growing Spanish-speaking population. Our Board members, committee members, and interns are also generous volunteers for the Center.

In the past year, volunteers have organized and revised our training manuals, conducted research on human trafficking and other topics, helped revise program scripts, administered client evaluations, and organized fundraisers. One volunteer even created a video asking our Community Educators what they love about the Center, which can be viewed on the Volunteer page of our website.

Support from 100 active volunteers is invaluable to our agency. Our heartfelt thanks goes out to all our wonderful volunteers!

AT A GLANCE...

584

Clients supported in the 2011-2012 fiscal year.

400%

Increase in Spanish-speaking clients supported over the past 2 years.

10,879

Youth and adults reached through our education programs.

12

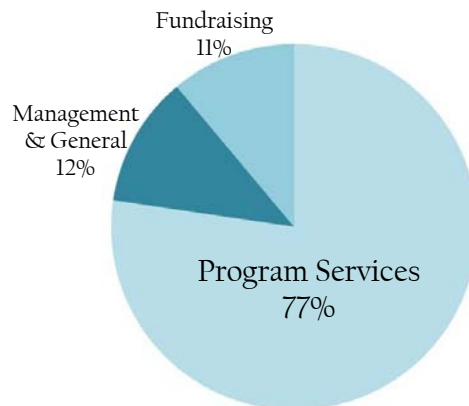
Support groups and workshop series held.

These graphs represent our financial income and expenses for the 2011-2012 fiscal year.

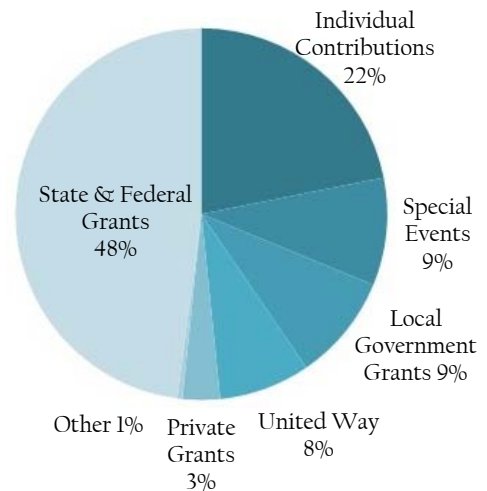
Total Income:
\$527,834

Total Expenses:
\$538,911

2011-2012 Expenses



2011-2012 Income



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ORANGE COUNTY
Rape Crisis Center

P.O. Box 4722, Chapel Hill, NC 27515

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of the Greater Triangle

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ORANGE COUNTY
Rape Crisis Center

Our Mission

is to stop sexual violence and its impact through support, education, and advocacy.

Our Vision

is of a just and equitable world free of sexual violence and all other forms of oppression.

Connect With Us!



www.OCRCC.org

www.Facebook.com/OCRCC

www.Twitter.com/OCRCC

We are a nonprofit agency serving the Chapel Hill, Carrboro, Hillsborough, and surrounding communities since 1974.

Our services include our 24-Hour Help Line, support groups, workshops, and therapy referrals. Additionally, the Center offers education programs for both raising awareness about sexual violence and teaching prevention skills.

Providing Help, Hope & Healing